

SHIRLA DE MAGALHÃES, LMFT, RPT-S, RSP

CONFERENCES, WORKSHOPS & TRAININGS ATTENDED

**Treating Complex Trauma with IFS, IFS Approaches to Shame, Anxiety & Depression, IFS with Children & Adolescents**, Dr. Frank Anderson, PESI April 27, 2024 Online

**IFS Approaches with LGBTQ2IA+**. Dr. Frank Anderson & James Andralis. PESI August 27, 2023 Online

**The Seven Phases of Sandplay Therapy**, Ph.D Lorraine Freedle. July 14, 2023 Online

**Honoring the Earth: A Sandplay Workshop**, Adele Luttrell, Gail Gerbie. April 22, 2023, Escondido, CA

**IFS & Disordered Eating: Heal the Relationship Between Food and Body** Jeanne Catanzaro, Ph.D.

Frank Anderson, MD. March 2023 PESI Online

**Attachment & IFS: Healing Trauma and Attachment Wounds that Befriend the Body**. Chris Burris, LMFT. Frank Anderson, MD March 2023 PESI Online

**Sandplay Therapists of America 2022 National Conference - Sacred Landscapes of The Psyche Presented by Lionel Corbett, MD, Maria Ellen Chiaia, MFT MA, Lorraine Freedle, Ph.D.**

June 2-5, 2022, Redondo Beach, CA.

**Evidence-Based Treatment of Borderline Personality Disorder**. Jeff Rigggenbach. February 18, 2022. Envision Online.

**Law & Ethics: What's New in 2022**. Bradley Muldrow, JD. January 8, 2022. CAMFT Online.

**Identifying, Understanding and Treating Narcissism in Clinical Practice**. Dolores Mosquera. November 20, 2021. R.Cassidy Seminars Online.

**Internal Family Systems (IFS): Development, Application and Transformational Model to Effectively Help Clients Improve Wellbeing**. Frank Anderson, MD; Richard C. Schwartz, Ph.D.

November 12, 2021. PESI Online.

**Supervision Technicalities and Techniques-RPT-S Training**. Heather Stephenson. November 19, 2021. Utah Branch of The Association for Play Therapy, Online

**The Both-And YIN-YANG of Soul Collage®**. Debra Gai Lewis. June 24, 2021 – SoulCollage® Village - Online

**The Evidence Base for Sandplay Therapy**. Lorraine Freedle LCSW, PhD, CST-T. June 25, 2021- Sandplay Therapists of America – Online

**The Wisdom of Dreams: A Visitation Through Art**. Joyce King Heyraud PhD, LMFT, and Shawn Klein, MA, LMFT. June 12, 2021, Hermosa Beach, CA - Online

**Shadow & Light : A Visitation Through Art**. Joyce King Heyraud PhD, LMFT, and Shawn Klein, MA, LMFT. March 2021, Hermosa Beach, CA - Online

**Gender Diverse Affirming Play Therapy**. Samantha Willis. February 2021, San Bernardino, CA- Online  
**Treating OCD during COVID-19: Unique Challenges and Opportunities**. Martin Franklin, PhD. Rogers Behavioral Health Training Online, April 2020.

**2020 Northern California Regional Play Therapy Conference**. March 2020, Sacramento, CA.

**The Use of Art, Play & Other Expressive Therapies for Assessment of Children**. Eliana Gil, Ph.D. NORCAL RPTC, March 2020, Sacramento, CA

**Favorite Play Therapy and Expressive Arts Techniques**. Eliana Gil, Ph.D. NORCAL RPTC, March 2020, Sacramento, CA

**Adlerian Play Therapy: A Little History, Theory & Techniques**. Kristin Meany-Walen, Ph.D. February 2020, San Diego, CA.

**SoulCollage®Facilitator Training**. Mariabruna Sirabella. November 2019, San Juan Bautista, CA.

**2019 Southern California Regional Play Therapy Conference**. March 2019, San Diego, CA.

**Beyond Talk: Play Therapy Activities for Supervision.** Jodi Smith. 2019 SOCAL RPTC, March 2019, San Diego, CA.

**Responding to Tragedy and Mass-Scale Disasters with Play Therapy.** Janine Shelby, Ph.D. SOCAL RPTC, March 2019, San Diego, CA.

**Play Therapy Interventions for Children with Chronic Health Conditions.** Elisabeth E. Liles, Ph.D., and Hae “Brian” Choi, SOCAL RPTC, March 2019, San Diego, CA.

**Introduction to Play Therapy with Children of High Conflict Divorce.** Sue Ann Edwards. San Diego, CA, December 2018.

**2018 Sandplay Therapists of America National Conference-** November 2018, Albuquerque, NM.

**2018 Association for Play Therapy Annual Conference.** Phoenix, AZ October 2018.

**The Play Therapist’s Role in Supporting Caregivers of Transgender and Gender Expansive Children.** Rebekah Byrd, Ph.D./Emily Donald, Ph.D. The Association for Play Therapy: 2018 Annual Conference. Phoenix, AZ October 2018.

**Jungian Analytical Play Therapy with a Sexually Abused Three-Year-Old.** John Paul Lilly. The Association for Play Therapy: 2018 Annual Conference. Phoenix, AZ October 2018.

**Image of as Supervisor: Using Reflection and Collage to Explore Professional Identity.** Heather Maritano. The Association for Play Therapy: 2018 Annual Conference. Phoenix, AZ October 2018.

**2018 Northern California Play Therapy Conference.** San Jose, CA. July 2018

**Play Therapy Interventions for Autism, ADHD & Other Neurodevelopmental Disorders.** Dr. Robert Grant. Northern California Play Therapy Conference. San Jose, CA. July 2018

**Using Play Therapy to Address Sensory Processing Challenges.** Dr. Robert Grant. Northern California Play Therapy Conference. San Jose, CA. July 2018

**Reunification Fundamentals.** American Red Cross. July 2018

**Mass Care - An Overview.** American Red Cross. July 2018

**Deployment Fundamentals.** American Red Cross. June 2018

**Preparing for the Unthinkable: Mental Health Provider Roles in Disaster Recovery.** San Diego Psychological Association. May 2018.

**Everyone is Welcome.** American Red Cross. May 2018.

**Basic Instructor Fundamentals.** American Red Cross. May 2018.

**2018 Expressive Therapies Summit Los Angeles.** April 2018

**The Power of Awareness: The Science and Practice of Presence.** Daniel Siegel, MD. 2018 Expressive Therapies Summit Los Angeles. April 2018

**Internal Family Systems (IFS) & Art Therapy: Introducing the Journey through Collage & Clay.** Peggy Kolodny & Salicia Mazer. 2018 Expressive Therapies Summit Los Angeles. April 2018

**Play as Archetype & Agent of Transformational Change.** Dr. Lorraine Freedle. 2018 Expressive Therapies Summit Los Angeles. April 2018.

**Integrating Somatic & Sensory Therapies with Play for Treating Complex Trauma Across the Lifespan.** Dr. Jennifer Lefebre. 2018 Expressive Therapies Summit Los Angeles. April 2018.

**Shelter Fundamentals.** American Red Cross. April 2018.

**Direct Client Assistance Fundamentals.** American Red Cross. April 2018.

**Casework and Recovery Planning Fundamentals.** American Red Cross. April 2018.

**Meet the Client: What is a Family?** American Red Cross. March 2018.

**Disaster Mental Health Essentials.** American Red Cross. March 2018.

**Psychological First Aid: Helping Others in Times of Stress.** American Red Cross. March 2018

**2018 Southern California Regional Play Therapy Conference.** Irvine, CA. March 2018

**Using Play Therapy to Treat Attachment Disorders.** Pam Dyson. Southern California Regional Play Therapy Conference. Irvine, CA. March 2018

**Ritual Abuse: Recognition, Play Therapy, and Symbolic Communication.** Dr. Ellen Lacter. Southern California Regional Play Therapy Conference. Irvine, CA. March 2018

**Let Me Hear Your Voice: Play Therapy for Children with Selective Mutism.** Dr. Kimberly Vander Dussen. Southern California Regional Play Therapy Conference. Irvine, CA. March 2018

**Animal Assisted Play Therapy.** Jodi Smith. San Diego Chapter of the California Association for Play Therapy. February, 2018.

**Play Therapy Supervision: Theory and Practice.** Association for Play Therapy. February 2018.

**Legal & Ethical Issues in Supervision.** CAMFT. February 2018.

**Super Powered Play Therapy: Understanding and Utilizing Super Heroes in Play Therapy.** Dr. Kimberly Vander Dussen. Orange County Chapter of the California Association for Play Therapy. December, 2017.

**Disaster Cycle Services: An Overview.** American Red Cross. November 2017.

**The Therapist Tool Box: Practical Ways to Support Children using Play Therapy & Positive Behavior Support.** Kim Van Dusen, San Diego Chapter of the California Association for Play Therapy. September, 2017.

**24<sup>th</sup> Congress of the International Society for Sandplay.** Kona – HI. July 2017

**Where Pele Reigns: Elemental Consciousness in Hawaii. Sandplay Intensive – Hilo, HI.** July 2017.

**Creative Play with Tweens & Teens.** Lyla Tyler, San Diego Chapter of the California Association for Play Therapy. May 2017.

**Expressive Therapies Summit Los Angeles.** April 2017.

**Cultivating Resilience in Children & Adolescents through Play Therapy & Creative Arts,** Dr. David Crenshaw , Expressive Arts Summit Los Angeles. April 2017.

**Healing Their Fury: Research-Informed Play Therapy with Aggressive Children,** Dr. David Crenshaw, Expressive Arts Summit Los Angeles. April 2017.

**Art Therapy as a Brain-Based Profession, Integrative Art Therapy: Bilateral Scribble, Neurosequential Squiggle, IFS Collaging.** Peggy Kolodny, Expressive Arts Summit Los Angeles. April 2017.

**Kellogg's Great Round of Mandala: Pathways to Wholeness.** Jordan S. Potash, PhD. Expressive Arts Summit Los Angeles. April 2017.

**Creative Play Therapy Interventions for Children & Families.** Liana Lowenstein, California Association for Play Therapy: Southern California Regional Conference. March 2017.

**Play Therapy Interventions for Evidence Based Trauma Treatment.** Liana Lowenstein, California Association for Play Therapy: Southern California Regional Conference. March 2017.

**Association for Play Therapy: 34<sup>th</sup> Annual International Conference.** Minneapolis, MN. October 2017.

**Healing Children Through Play: An Experiential Play Model.** Diane Griggs, Los Angeles Chapter of the California Association for Play Therapy. August 2017.

**EMDR Basic Training – Weekend 2.** Curt Rouanzoin, PhD. EMDR Institute. February 2017.

**EMDR Basic Training – Weekend 1.** Curt Rouanzoin, PhD. EMDR Institute. October 2016.

**Healing Attachment Wounds in Sandplay Therapy.** Tessamarie Capitolo, Northern California Regional Sandplay Society. December 2016

**Creating Play Therapy Treatment Plans For Schools, Agencies & Private Practice.** Sarah Scott Dooling, San Diego Chapter of the California Association for Play Therapy. September 2016.

**2016 Sandplay Therapist of America National Conference.** Chicago, IL. June 2016

**CAT - Children's Apperception Test - Training.** Dr. Ellen Lacter, San Diego, CA. June 2016

**Psychodynamic Play Therapy: A Case Example.** Dr. Scott Boles, San Diego Chapter of the California Association for Play Therapy. June 2016.

**HIV & Mental Health.** Elite Continuing Education. June 2016.

**Ethics in Social Work & Counseling.** Elite Continuing Education. June 2016.

**Integrative Play Therapy.** Kimberly Bartlett. Diego Chapter of the California Association for Play Therapy. February 2016.

**Chop Wood, Carry Water- The Self & the Collective in Sandplay.** Dr. Lorraine Freedle. San Diego, CA. February 2016.

**The Neurobiology of Play Therapy: How to Improve our Practice.** Richard Gaskill. Arizona Association for Play Therapy 21<sup>st</sup> Annual Conference, Phoenix, AZ. February 2016.

**Safety-Based Intervention Strategies for Play Therapists.** Dr. Janine Shelby. Orange County Chapter of the California Association for Play Therapy. January 2016.

**Heal My Hurts, A Play Therapy Approach For Kids Processing Loss Due to Divorce.** Kellye Laughery, San Diego Chapter of the California Association for Play Therapy. October 2015.

**The Use of Expressive Therapies and Attachment Work when Working with Traumatized Children & their Families.** Dr. Eliana Gil. Rocky Mountain Center of Play Therapy and Early Childhood Leadership Conference, Laramie, WY. June 2015

**Let Your Heart Sing! Integrating Music with Play Therapy Techniques for Children, Youth & Families,** Dr. Lisa Shadburn. San Diego Chapter of the California Association for Play Therapy. June 2015.

**Play Therapy and Art Therapy with Adolescents.** Teresa Grame, UCSD Extension. April 2015.

**Introduction to Theraplay.** Dianne Nicholas, UCSD Extension. February 2015.

**The Secrets to using Art as a Healing Process in Therapy,** Lisa Mitchell, Cross Country Education, San Diego, CA. January 2015.

**Therapeutic Use of Imagery with Groups.** Dr. Gita Morena, UCSD Extension. December 2014.

**Sandplay, Transference, and the Relational Field.** Marion Anderson, UCSD Extension. November 2014.

**Early Childhood Mental Health Conference. From Science to Practice: Building Resiliency and Protective Factors, Improving the Odds from the ACE Study.** Dr. Bruce Perry, We Can't Wait V Conference, San Diego, CA. September 2014.

**Trauma Focused Cognitive Behavioral Therapy.** Alison Hendricks. June 2014.

**Self-Regulation Skills for Youth & Children.** Behavioral Health Education & Training Academy, San Diego, CA. June 2014.

**Sandplay With Traumatized and Abused Children.** Lavon Bobo, UCSD Extension. September 2013.

**Sandplay and the Alchemical Stages of Transformation.** Marion Anderson, UCSD Extension. September 2013.

**Sandplay: The Language of Childhood.** Rie Rogers Mitchell, UCSD Extension. June 2013

**Adult Passages Through Sandplay Therapy.** Nancy Burnett, UCSD Extension. May 2013.

**Sandplay, Archetypes, and Symbolic Imagery.** Marion Anderson, UCSD Extension. May 2013.

**Play Therapy to Help Children Cope with Grief and Loss.** Laura Behm Dewan, UCSD Extension. March 2013.

**Sandplay Therapy and Jungian Theory.** Sachiko Reece, UCSD Extension, March 2013.

**Sandplay Therapy: The Journey Begins.** Lucia Chambers, UCSD Extension, January 2013.

**Play Therapy for Children Affected by Illness and Injury.** Dr. Ellen Lacter, UCSD Extension. January 2013.

**Families Fighting and Changing: Play Therapy with Children of Divorce and Remarriage.** Ken Schwarzenberger, UCSD Extension. December 2012

**From Risk to Resilience. 2<sup>nd</sup> Annual Professional Development Conference.** Public Mental Health Academy, San Diego, CA. November 2012.

**Play Therapy for Attachment Disorders.** Dr. Kimberly Vander Dussen, UCSD Extension. October 2012.

**Play Therapy to Increase Children's Emotional and Behavioral Regulation.** Laura Behm Dewan, UCSD Extension. October 2012.

**Play Therapy to Reduce Identification with the Aggressor & Supervision and Instruction of Play Therapy.** Dr. Ellen Lacter, UCSD Extension. July 2012.

**Psychoanalytic Play Therapy.** Dr. Scott Boles, UCSD Extension. August 2012.

**Experiential Play Therapy.** Ken Schwartzberger, UCSD Extension. June 2012

**Sandplay: A Therapeutic Process.** Dr. Gita Morena, UCSD Extension, May 2012.

**Gestalt Play Therapy, Role-play, and Psychodrama.** Trisha Brady, UCSD Extension. May 2012

**Legal and Ethical Issues in Child Treatment with Emphasis on Play Therapy and Assessment.** Dr. Ellen Lacter, UCSD Extension. March 2012

**Structured Play Therapy: Cognitive-Behavioral Play Therapy, Pre-Set Play, Introduction of Resolutions.** Sue Ann Edwards, UCSD Extension. March 2012

**Introduction to Parent-Child Interaction Therapy.** Vanja Gale, UCSD Extension, February 2012

**Developmental Play Therapy.** Ken Schwartzberger, UCSD Extension. January 2012

**Child-Parent Relationship Therapy-CPRT (Filial Therapy).** Kathryn De Bruin, UCSD Extension. November 2011.

**Child-Centered Play Therapy.** Laura Behm Dewan, UCSD Extension. October 2011

**The Therapeutic Powers of Play.** Ken Schwartzberger, UCSD Extension. September 2011

**Play Diagnosis and Assessment: Play Assessment of Ego Functions and Object Relations.** Dr. Ellen Lacter, UCSD Extension, August 2011.

**Play Diagnosis and Assessment I: Development of Symbolic & Social Play & Assessment of Developmental Disabilities.** Harry Eisner, UCSD Extension. June 2011

**Toys and Their Uses.** Laura Behm Dewan, UCSD Extension. June 2011

**Play Therapy for Children with Attention Deficit and Disruptive Behavior Disorders.** Sueann Kenney-Noziska, UCSD Extension. April 2011

**Play Therapy Across Cultural and Ethnic Groups.** Yumiko Ogawa Fariss, UCSD Extension. April 2011

**Play Therapy, Art Therapy, and Assessment of Abused Children and Adolescents.** Dr. Ellen Lacter, UCSD Extension. March 2011

**Uses of Play With Learning Disabilities and Developmental Delay.** Dr. Esther Hess, UCSD Extension. February 2011

**Cognitive Behavioral Therapy: The Basics of Helping People Get Better.** Cross Country Education, San Diego, CA. April 2010